

Personal Trainer Program Admission Criteria and Program Requirements

PERSONAL TRAINER CERTIFICATE

Admission Criteria:

- High school diploma or equivalent
- COMPASS Placement Test scores:
Pre-algebra 54 or above and Algebra 0-45
OR minimum grade of "C" in MAT 032
Writing 70 or above OR minimum grade of "C" in ENG 032 Reading 81 or above OR
minimum grade of "C" in RDG 100
OR
- ACCUPLACER Test scores:
Arithmetic ≥ 90 Elementary Algebra 57-89 OR minimum grade of "C" in MAT 032
Sentence Skills ≥ 75 OR minimum grade of "C" in ENG 032
Reading Comp. 84-94 OR minimum grade of "C" in RDG 100

PERSONAL TRAINER GT DEGREE

Admission Criteria:

- High school diploma or equivalent
- COMPASS Placement Test scores:
Algebra 66-100 and College Algebra 1-45 OR minimum grade of "C" in MAT 102
Writing 70 or above OR minimum grade of "C" in ENG 032 Reading 81 or above
OR minimum grade of "C" in RDG 100
OR
- ACCUPLACER Test scores:
College Level Math 50-75 OR minimum grade of "C" in MAT 102
Sentence Skills ≥ 75 OR minimum grade of "C" in ENG 032
Reading Comp. 84-94 OR minimum grade of "C" in RDG 100

Program Requirements for Personal Trainer Certificate and GT Degree:

- Physical assessment
- Proof of two MMR vaccinations AND Rubella titer is required or if no proof of MMR is available, must have titers for each (Measles, Mumps, and Rubella)
- Varicella (Chicken Pox) titer required
- Proof of Diphtheria-Tetanus Booster (Last booster must have been received within the past 10 years.)
- Hepatitis B vaccination is recommended (Documentation of declination is required if student does not have the vaccine.)
- Proof of two step PPD within 3 months prior to entry to program is required
- Completion of acceptable Drug Screen and Criminal Background Check upon entry required
- Physician's evaluation