

PERSONAL SAFETY PRACTICES



Face masks/ Face Coverings: Face masks/coverings must be worn on campus when in the presence of others and in public settings where other social distancing measures are difficult to maintain (e.g., classrooms, common areas, administrative offices, etc.). Appropriate use of face masks or coverings is critical in minimizing risks to others near you. You could spread COVID-19 to others even if you do not feel sick. The mask or cloth face covering is not a substitute for social distancing.

Cloth face coverings should only be worn for one day at a time and must be properly cleaned before use again. York Technical College will provide reusable face masks for students who do not have their own face masks/coverings. Masks will be available to any individual entering the buildings.



Handwashing: Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, sneezing, or touching your face. Before and after eating, wash your hands thoroughly to reduce the potential transmission of the virus. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.



Gloves: Healthcare workers and others in high- risk areas should use gloves as part of Personal Protective Equipment (PPE), but according to the CDC, gloves are not necessary for general use and do not replace good hand hygiene. Washing your hands often is considered the best practice for common everyday tasks.



Hand Sanitizing: If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry. Avoid touching your eyes, nose, and mouth, and wash your hands after touching your face. Hand sanitizing stations will be located at building entrances, throughout building corridors, classrooms, and other high traffic areas.



Personal Disinfection: While custodial crews will continue to clean classrooms, public areas and work spaces based on CDC guidelines, additional care should be taken to wipe down commonly used surfaces. Students will be asked to wipe down equipment and tools in classrooms, computers and other equipment in labs, and surfaces in areas like the Learning Commons before and after use. Materials will be provided to allow disinfection protocols.



Coughing/Sneezing Hygiene: If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Then throw used tissues in the trash.

Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.



Social Distancing: People without symptoms may be able to spread virus. Stay at least six feet (6 ft., about 2 arms length) from other people. Do not gather in groups. Stay out of crowded places and avoid mass gatherings.